

Barnes Farm Junior School

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10 June 2021

Y5 RSE Letter June 2021

Dear Parent/Carer,

We believe that promoting the health and wellbeing of our pupils is an important part of their overall education. We do this through Personal, Social, Health and Economic (PSHE) education. These lessons look at many topics, including physical/emotional health, all kind of relationships and living in the wider world. The aim of our PSHE lessons is to help our pupils make safe and informed decisions during their school years and beyond.

Relationships and Sex Education (RSE) is an important part of the PSHE curriculum; it provides pupils with knowledge and understanding of how the human body changes and how to form relationships in a responsible and healthy manner. We believe this will give pupils confidence to make positive choices now and in later life. **Relationships Education became statutory for all primary schools from September 2020 and our policy has been recently approved.**

We wanted to inform you that in the **next few weeks**, we will be teaching RSE to all pupils as part of their normal PSHE lessons.

Year 5 will be learning:

- To explore the emotional and physical changes that occur during puberty.
- To ask questions about puberty with confidence.
- To understand male and female puberty changes in more detail.
- To understand how puberty affects the reproductive organs.
- To explore the impact of puberty on the body, the importance of personal hygiene and how to keep clean.
- To explore ways to get support during puberty.

Statutory/compulsory – part of National Curriculum for Science curriculum as well

The overview of this unit of work and our policy is available to view on the website at [Barnes Farm Junior School \(eschools.co.uk\)](http://BarnesFarmJuniorSchool(eschools.co.uk))

All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the curriculum in an objective, balanced and sensitive manner. During these lessons, pupils will be able to ask questions, which will be answered factually and in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.



Although parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE that does not also form part of the statutory National Curriculum for Science **all the content being taught above is statutory.**

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate to contact your child's class teacher through remotesupport@barnesfarm-jun.essex.sch.uk

We sincerely hope that you will support us in teaching high quality RSE in school.

Ross McTaggart
Headteacher

Jessica Stanley
PSHE Lead Teacher

