

Published by the Mid and South Essex
Sustainability and Transformation Partnership (STP)



Your care in the best place

At home, in your community and in our hospitals

**Providing the best health
and care for you and your family.**

While there are many examples of excellent care in mid and south Essex, we know we could do better.

Health and social care partners across mid and south Essex have teamed up to develop a plan to improve how local people can get the right care they need, when they need and in the best place, whether that is at home, in the community or in hospital.

Known as the Mid and South Essex Sustainability and Transformation Partnership (STP), this is one of 44 STPs in England.

The area involved covers Braintree, Maldon and Chelmsford in mid Essex; and Southend, Castle Point and Rochford, Basildon, Brentwood and Thurrock in south Essex.

The plans aim to help our services meet the challenges faced today alongside the action we think is needed to meet the demands of the future.

Over the next five years, our vision is to unite our different health, care and voluntary services around you and all of your needs, with physical, mental and social care working together.

- **Starting with you and your family**, there is more that we can all do to stay healthy and avoid serious illness.
- **At home and in your community**, we are building up GP and community services, such as pharmacists, experienced nurses, physiotherapists and mental health therapists; and increasing the range of services available via GP practices.
- **In our hospitals**, all three main hospitals in Southend, Chelmsford and Basildon will each continue to provide the vast majority of hospital services, including A&E at all three sites but work together to provide more specialised care.

Summary of the proposals for changes in hospital care:

To help secure our local NHS into the future, we have been working to redesign the way we deliver care across a range of highly specialised hospital services.

We have identified some areas which we believe will begin to address the challenges and want to find out what you think of these plans which include:

- 1 Making improvements in A&E** at all three hospitals with the development of new assessment and treatment centres alongside each A&E. All three A&Es will be led by a consultant, open 24 hours a day and will receive “blue light” ambulances.
- 2 Develop a new specialist stroke unit** which would provide the highest dependency and intensive care for people in the first 72 hours following a stroke alongside rapid access to diagnostics and specialist interventions. This would be in addition to the existing stroke care units at all three hospitals which would remain in place.
- 3 Bring together in one place some specialist inpatient care** where there is existing expertise and to allow for extended hours, seven day a week consultant and specialist cover for these services. Clinical evidence from elsewhere shows that this would improve care and the chances of a making a good recovery.

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Separate some planned operations from emergency cases. For example, some complex orthopaedic operations that need a few days hospital stay could be performed in Southend Hospital for people in south Essex and Braintree Community Hospital for people in mid Essex. This would reduce cancelled operations and rates of infection by separating this type of care from emergency care.

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Moving community services closer to where people live. For example in Thurrock the proposals outline how services currently provided at Orsett Hospital could be provided in four new “integrated medical centres” and existing and new facilities across Basildon, Brentwood and Billericay.

Our proposals aim to bring together some specialist services, for the times where, once or twice in a lifetime, you might need very specialist emergency care or a planned overnight operation.

We estimate the proposed new arrangements would mean that around 15 emergency patients and 14 planned operations per day would go to a different hospital for a few days; but the benefit is that a larger team would be able to provide immediate specialist treatment and help you to make a quick recovery.

To help support these changes, we will develop a new clinical transfer service for patients who need fast transfer to another hospital - this may include travelling with appropriately trained health care professionals to ensure your safety.

We are also proposing to establish a new free bus service to help friends and family visit you while in hospital.

Having your say

These proposals have been developed over the past 18 months where we have spoken to local people, clinical teams and our partner organisations.

We have now launched a formal public consultation to gather views and feedback from across all of our local communities, NHS staff and partners before a final decision is made in summer 2018.

There are a number of ways to get involved (see back cover for details)



Discussion events

Across mid and south Essex, we will be running a number of public engagement events where you will be able to hear more about our proposals and have the opportunity to tell us what you think. These will be an important opportunity for your voice to be heard.

Basildon and Brentwood

6.30pm-8.30pm on Tuesday 16 January 2018, Wick Community Centre, Wickford, Essex SS12 9NR

1.30pm-3.30pm on Wednesday 17 January 2018, Chantry House, Chantry Way, High St, Billericay CM11 2BB
(parking: please use Billericay High Street car parks)

6.30pm-8.30pm on Wednesday 21 February 2018, Brentwood Community Hospital, Crescent Drive, Brentwood, Essex CM15 8DR

1.30pm-3.30pm on Tuesday 27 February 2018, The Gielgud Room, Towngate Theatre, St. Martins Square, Basildon, Essex SS14 1DL

Castle Point, Rochford and Southend-on-Sea

6.30pm-8.30pm on Thursday 8 February 2018, Maritime Room, Cliffs Pavilion, Westcliff-on-Sea, Essex SS0 7RA

2.30pm-4.30pm on Tuesday 20 February 2018, Oysterfleet Hotel, 21 Knightswick Road, Canvey Island, Essex SS8 9PA

2.30pm-4.30pm on Wednesday 7 March 2018, Audley Mills Education Centre, 57 Eastwood Rd, Rayleigh, Essex SS6 7JF

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Discussion events (continued)

Mid Essex

6.30pm-8.30pm on Tuesday 9
January 2018, Chapter House,
Cathedral Walk, Chelmsford,
Essex CM1 1NX

1.30pm-3.30pm on Wednesday 31
January 2018, Michael Ashcroft
Building (1st Floor), Anglia Ruskin
University, Chelmsford Campus,
Bishop Hall Lane, Chelmsford,
Essex CM1 1SQ

6.30pm-8.30pm on Wednesday 7
February 2018, Braintree Town Hall
(main room), Market Place, Braintree,
Essex CM7 3YG

6.30pm-8.30pm on Wednesday 28
February 2018, Plume Academy
School, Fambridge Road, Maldon,
Essex CM9 6AB

Thurrock

6.30pm-8.30pm on Wednesday 24
January 2018, Civic Hall, Blackshots
Lane, Grays, Essex RM16 2JU

1.30pm-3.30pm on Tuesday 6
March 2018, Civic Hall, Blackshots
Lane, Grays, Essex RM16 2JU

To book your place, visit:
<http://bit.ly/2Agdnpr>
or contact us using our details above.

Please check our website regularly
as more dates will be added:
[www.nhsmidandsouthessex.co.uk/
have-your-say/events](http://www.nhsmidandsouthessex.co.uk/have-your-say/events)

We hope you will be prepared to take an active part