



It hardly needs to be stated that these are unusual circumstances for what would have been our Easter Holidays. With the lockdown still in force, this bank holiday weekend in particular will look very different to previous years. However you may spend it at home - or for those critical workers who will still be at work - we wish you all well and hope you stay safe and healthy.

*Mr McTaggart, Mr McIntosh and all the BFJS staff and governors*

## Home learning

Just another reminder that there has been no curriculum work set for this week or next and while ideas for activities have been shared, there is no expectation from the school that any tasks are completed.

If children do have any photos, documents or videos to share with the school, please keep sending these to Mr McIntosh via eSchools.

## Keeping in touch

All class teachers have sent emails via eSchools to their pupils so they can keep in touch, find out if there have been any issues with work set, offer feedback, etc. We would be grateful if all parents could check with their children to see if they have replied yet and if not, to please do so **before Friday 17<sup>th</sup> April**.



Going forward, **we would like all the children to email their class teacher once a week (or more) please**. This will help teachers continue to fulfil their duty of care towards their pupils at this time. It can be a message about work or other things they have been doing at home and need not be very long. Although we are officially closed, we still retain certain responsibilities and teachers will need to follow up by phone if they haven't heard from pupils on a regular basis.



## Keeping safe online

The following page on our website provides links to further guidance on how to keep children safer online, particularly relevant at the moment when internet use by pupils is increased:

[https://www.barnesfarmjuniors.co.uk/website/keeping\\_children\\_safe\\_at\\_bfjs/89997](https://www.barnesfarmjuniors.co.uk/website/keeping_children_safe_at_bfjs/89997)

## Keeping healthy

The school nursing service is continuing to offer a provision for families and is happy for parents to contact them with any concerns that they have or requests for support. They can be reached in the following ways:

- By telephone on 0300 247 0014
- On their website, which has links to useful resources:  
<https://essexfamilywellbeing.co.uk/>
- Via Facebook - search for Chelmsford child and Family Wellbeing Service
- By text on their 'ChatHealth Messaging Service' - see details below:



# ChatHealth Messaging Service

## Text your school nurse

During these unsettling times, as a parent of child aged between 5-19 year olds, you may be worried about your child's health and wellbeing and be unsure about how to get the help you need.

Our school nurses are still here to help - you can call/ text them for confidential advice and support on a wide range of issues.

**Parent/carers of child(ren) aged 5-19, living in Mid Essex, can call the School Nursing Team on**

**Phone: 0300 247 0014 9am-5pm Monday to Friday**

**Children/ Young people aged 11-19 years old (or parents/carers of 5-19 year olds) can send a text directly to:**

**Text: 07520 615731 9am-5pm Monday-Friday**

We can help with all kinds of things like:

- Behaviour
- Continence
- Emotional health
- Self-harm
- Bullying
- Minor accidents and illnesses

Your ChatHealth messaging service is run by The Essex Child and Family Wellbeing Service and is available **9am-5pm Monday to Friday**.

We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact your GP, NHS 111 or dial 999 if it is an emergency.



Tel: 01245 467973 <https://barnes-farm-junior.eschools.co.uk>  
<https://www.facebook.com/FOBFSPTA> Twitter @barnesfarmjnr



Some light relief compiled by Mrs Burlton:

Jokes - Match the question to the punchline (number 2)



See if you can work out the punchline



If you can't - try to match from the selection below

1. What do hedgehogs eat for lunch?
2. Where do baby gorillas sleep?
3. How could you tell that the little seabird was out of breath?
4. What's a frog's favourite drink?
5. What fish sleeps underwater?



- a) Punchline: Croak-a-cold!
- b) Punchline: It was a puffin
- c) Punchline: A kipper
- d) Punchline: PRICKLED onions
- e) Punchline: In apricots

Answers on next page

Jokes - Match the question to the punchline (number 2)

Answers: 1d, 2e, 3b, 4a, 5c



Jokes supplied from: The Little Puffin Joke Book